SYMPTOMS OF THE CORONAVIRUS DISEASE (COVID-19)

- Fever
- Cough
- Sore throat
- Runny nose
- Shortness of breath

If you have developed these symptoms and have travelled in the last 14 days to a country with widespread or ongoing community spread of COVID-19 or have been in close contact with a confirmed or suspected case of COVID-19:

Stay home
Avoid close contact with other people

Call your personal doctor
or
Call the Ambulance Service Call Centre at 1420

For further information:
https://pio.gov.cy/coronavirus | Tel: 1450
STEPS TO PROTECT YOURSELF AND THOSE AROUND YOU FROM THE CORONAVIRUS DISEASE (COVID-19)

#1
Wash your hands often with soap and water and dry them with single use paper towels.

#2
Cover your mouth and nose with a tissue if you cough or sneeze or use the inside of your elbow.

#3
If soap and water are not available, use an alcohol-based hand sanitizer.

#4
Throw used tissues in the trash bin and immediately wash your hands.

#5
Avoid close contact, if possible, with people with respiratory infection symptoms.

#6
Avoid touching your eyes, nose and mouth with unwashed hands.

#7
Avoid crowded or confined spaces and maintain adequate and frequent ventilation of houses, workplaces etc.

#8
Clean and disinfect frequently touched surfaces (handles, doorknobs, faucets) regularly, using common household disinfectants.

#9
Wear a facemask only if you present respiratory infection symptoms (coughing or sneezing) or if you are caring for someone who is sick.

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