



REPUBLIC OF CYPRUS
MINISTRY OF HEALTH

**MEDICAL SERVICES
PUBLIC HEALTH SERVICES
1449 NICOSIA**

Revised guidelines for confirmed COVID-19 cases

All confirmed cases receive a link and access codes via sms on the mobile phone they gave upon sampling, to access and complete an electronic form where they are required to check their personal information, report their contacts and their General Practitioner (GP), in order to get the release certificates when their quarantine period is completed. The person with a positive COVID19 test can complete the form via smart phone, tablet or computer at <https://phase.ucy.ac.cy/>. The access code last 48 hours from the time one receives the sms. If this form is not completed correctly, then the cases might not receive the release papers needed to prove their recovery and they cannot receive any certificate from the Republic of Cyprus. For instructions on how to fill the electronic form check the [Frequently Asked Question](#) file or contact the following telephone numbers 22421600, 22495671, 22495666, 22421745, 22570588 (Monday to Sunday 08:00-00:00).

If the case did not receive the sms with the access codes and the link within 48 hours from the positive test, they should still isolate and contact the laboratory that performed the test directly to check if all their contact details were sent correctly to the Ministry of Health.

COVID19 confirmed cases with mild symptoms can self-isolate at home for the isolation period that is needed (see release protocol at <https://www.pio.gov.cy/coronavirus/eng/categories/information-guidelines>). The same applies for confirmed cases who have been hospitalized and were discharged from the hospital; they can continue their remaining isolation period at their home. This decision should be taken after telephone evaluation by their doctor and previously ensure the appropriate conditions of isolation in their house, as well as frequent communication with a health professional. If the application of all the following guidelines is not possible, or if they are vulnerable people in the same house then there is providence of free public quarantine and free transportation after arrangements with the Ministry of Health.

No person with a positive COVID19 test is allowed to stay in a hotel other than public quarantine places. Private house/apartment or villa rent arrangements must be made by the individual with own expenses otherwise the free public quarantine and free transportation can be arranged by calling 22605678 or through email: contacttacing8@moh.gov.cy (Monday-Sunday 08:00-20:00).

Vaccinated people that have a positive laboratory result for SARS-COV-2 also need to isolate and must follow the instructions below as any COVID19 case.



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Guidelines for home isolation

- Ideally, each confirmed case should stay in their own house. If this is not possible, the person with COVID-19 must be isolated in a room, not used by the rest of the household members under any circumstances.
- The room in which the confirmed case will use to isolate, should be well ventilated.
- The confirmed cases are not allowed to leave their house. *
- No visitors are allowed.
- It is suggested that they use separate cutlery and any other kitchenware from other housemates. If this is not possible, disinfection with any common disinfectant/soap after each use and then dry well is advised.
- It is suggested that a separate toilet and bathroom be used from other housemates. In case this cannot be applied, the toilet and bathroom should be disinfected after each use according to the instructions (<https://www.pio.gov.cy/coronavirus/pdf/enpb.pdf>).
- If there is a scheduled trip/voyage before the official release date, it is FORBIDDEN for this trip to take place.
- Exception to leave the home isolation is ONLY permitted in cases of medical emergencies and after telephone approval by the doctor of the positive case or by calling 1420. In that case, transportation should be unaccompanied and only by personal vehicle or ambulance; use of public transportation is forbidden (e.g. bus or taxi).
- Until the end of the isolation period, waste should be placed in a double well-sealed plastic/waterproof waste bag and stored for 72 hours in a separate area from the usual collection point. At the end of 72 hours they can be placed in their usual collection area.

Doctor- General Practitioner

- The confirmed cases must inform their doctor about their positive result. The doctor is also automatically informed after the cases complete their electronic form <https://phase.ucy.ac.cy/>.
- Daily temperature and oxygen saturation monitoring.
- Frequent telephone contact with the doctor is suggested every 24 to 48 hours. If symptoms appear, the doctor should be notified immediately.
- In case a doctor is not available, the patient can contact the 1420 hotline to report their symptoms.
- For information about the release protocol visit <https://www.pio.gov.cy/coronavirus/eng/categories/information-guidelines>, call 22605306, or contact covidfollowup@moh.gov.cy for release arrangements (Monday-Sunday 08:00-20:00).



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Sick Leave/ Recovery Certificate/ Safe Pass/ European Union Digital Covid Certificate (EUDCC)

- A sick leave paper, is issued by the doctor or in the absence of doctor please contact covidfollowup@moh.gov.cy or call 22605306.
- All cases who were tested positive within the Republic of Cyprus must complete the electronic form <https://phase.ucy.ac.cy/>, access codes sent by sms and fill in the required fields. If the form is not completed correctly, they will not be able to receive any recovery certificate.
- In order to issue an EUDCC (European Certificate) as a recovered person you must visit <https://www.eudcc.gov.cy/> after you receive a release sms from the Ministry of Health.

The positive case detects and informs his/her close contacts

Close contact is defined as:

- A person who lives with a confirmed case.
- A person who has had direct physical contact with a confirmed case (eg. Handshake, play).
- A person who has had unprotected contact with confirmed infectious aerosols.
- A person who had face-to-face contact with a confirmed case at a distance of less than 2 meters and lasting more than 15 minutes, or frequent contacts at a distance of less than 2 meters within 24 hours.
- A person found indoors (eg classroom, cinema, hospital waiting areas, car etc.) with a confirmed case for more than 15 minutes and at a distance of less than 2 meters.
- A healthcare professional or other person providing health care to a COVID-19 case, or laboratory personnel handling a confirmed case sample, without using the appropriate protective equipment or if there was a rupture in its integrity.
- Companion on an aircraft/bus sitting up to two rows (in each direction) from a confirmed case, persons traveling together or caring for the patient, crew members serving the part of the airplane where the patient was sitting (possibly all passengers sitting in the same section), even all the passengers of the flight can be considered as close contacts if due to the serious symptoms of the patient and movements of the patient in the aircraft (entails a more extensive exposure)

For contact tracing reasons the case must report the close contacts they had 2 days before symptom onset or 2 days before the testing date in asymptomatic cases (taking into account the oldest date).

Close contacts are tested free of charge with test. In order though for a test to be scheduled, the positive case must report them via the electronic form <https://phase.ucy.ac.cy/>, access codes sent by sms. This has to do only with social contacts (family, friends etc.). For workplaces, schools, hospitals etc. the health and safety officer must report the close contacts through a specific [table to report close](#)



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[contacts](#) (excel file also found <https://bit.ly/32T2cUI>) and send it to contacttracing@moh.gov.cy as soon as possible.

All close contacts must isolate according to the “Isolation guidelines for close contacts of COVID19 case” found on <https://www.pio.gov.cy/coronavirus/categories/info> .

For health professional working in hospital settings other arrangements might apply in order to return to work earlier following the hospital’s local infection control team.

For general information about COVID19, contact 1474 (Monday-Sunday 08:00-20:00).

To report any symptoms, contact your doctor or 1420 hotline (24 hours).

For release protocol issues, contact covidfollowup@moh.gov.cy, or 22605306 (Monday-Friday 08:00-20:00).

For free quarantine place and free transport arrangements call 22605678 or through email: contacttacing8@moh.gov.cy (Monday-Sunday 08:00-20:00)

For any further instructions and clarifications, contact the Contact Tracing Team 22514264, 22514258, 22514259, 22771923 or email contacttracing2@moh.gov.cy (Monday-Sunday 08:00-00:00).

**Home quarantine may be monitored by either on-site or telephone checks. People under house isolation are required to comply with regulations. In case of non-compliance, they may be exposed to legal actions.*

Medical Services and Public Health Services
Ministry of Health
3/03/2021