

Coronavirus Disease 2019 (COVID-19)

National Surveillance Report as of 13/04/2021

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Summary

- As of April 13th, 2021, a total of 51,190 COVID-19 cases have been diagnosed, of which 282 died due to COVID-19 (case fatality risk: 0.6%).
- In the last 14 days (31 March 13 April, 2021), 6,656 cases were diagnosed. The 14-day cumulative diagnosis rate is 749.5 per 100,000 population.
 - The median age was 34 years (Interquartile range IQR: 22-49 years);
 51.6% were females (n = 3,432), 48.4% males (n = 3,220), and for four cases information was not yet available.
 - By place of exposure: 1.2% (n = 82) were imported and 98.8% (n = 6,574) were locally-acquired.
- As of April 15th, 2021, 244 people were still hospitalized (currently notified). The median age of patients still hospitalized (n = 244, including those discharged on that day) is 62 years (IQR: 55-69 years), 57.4% (n = 140) are males, and 37.3% (n = 91) are from Nicosia district. Hundred-fifty-six cases (63.9%) still hospitalised have comorbidities.
- Of 39 cases in intensive care units (ICU), who are currently notified, 32 are intubated. The median age of current ICU patients is 62 (IQR: 56-71) years and 26 (66.7%) are males. Twenty-nine (74.4%) patients currently in ICU have pre-existing conditions.
- Over the last 14 days, 69,096 RT PCR and 672,155 rapid antigen tests have been performed (7,781.1 RT PCR and 75,693.1 rapid antigen tests per 100,000 population).



Epidemiological surveillance in the Republic of Cyprus

Analyses are based on laboratory-confirmed cases notified to the Epidemiological Surveillance Unit of the Ministry of Health.

As of April 13th, 2021, 51,190 cases of coronavirus disease 2019 (COVID-19) have been diagnosed (laboratory-confirmed) (Figure 1, 2 and 3).

In the last 14 days (31 March - 13 April 2021), 6,656 cases have been diagnosed. The 14-day cumulative diagnosis rate of COVID-19 (per 100,000 population)¹, a measure which reflects the number of active COVID-19 cases in the population (prevalence)², is 749.5 per 100,000 population (Figure 3).

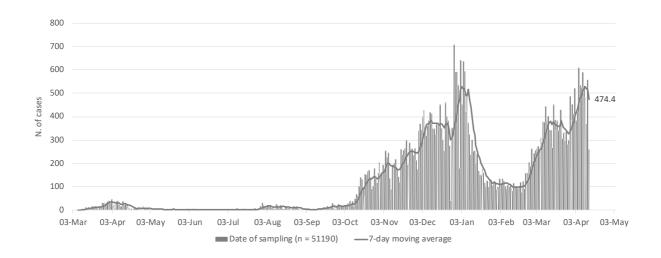


Figure 1: Number and 7-day moving average (last moving average on April 13th, 2021, is shown on the graph) of laboratory-confirmed COVID-19 cases in the Republic of Cyprus since 03/03/2020 by date of sample collection*.

https://www.mof.gov.cy/mof/cystat/statistics.nsf/populationcondition_21main_en/populationcondition_21main_en/OpenForm&sub=1&sel=4

^{*} when date of sample collection was not available, laboratory result date or hospitalisation date was used.

¹Population denominator for end of year 2019, available at

²Coronavirus disease 2019 (COVID-19) pandemic: increased transmission in the EU/EEA and the UK – seventh update, 25 March 2020. Stockholm: ECDC; 2020.

 $[\]underline{https://www.ecdc.europa.eu/sites/default/files/documents/RRA-seventh-update-Outbreak-of-coronavirus-disease-COVID-19.pdf}$



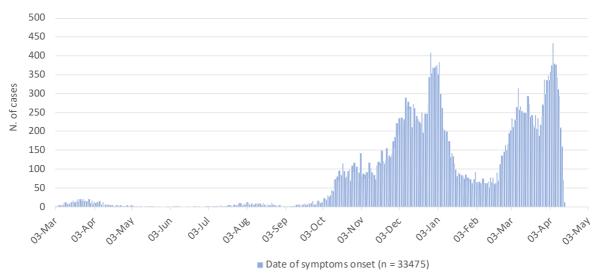


Figure 2: Number of laboratory-confirmed COVID-19 cases in the Republic of Cyprus since 03/03/2020 by date of symptoms onset.

Recent data should be interpreted with caution due to the possibility that cases with date of onset within the reporting period have not yet been diagnosed.

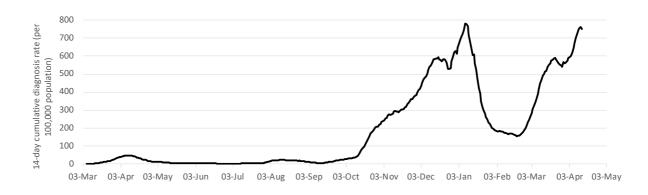


Figure 3: COVID-19 14-day cumulative diagnosis rate per 100,000 population (proxy of COVID-19 prevalence).



Characteristics of cases diagnosed in the last 14 days

Age, sex, and place of residence

Among 6,656 cases diagnosed since March 31^{st} , 2021, 51.6% were females (n = 3,432), 48.4% males (n = 3,220), and for four cases information is not currently available.

By age group, cases included 1,428 infants, children and adolescents aged 0-19 years-old (21.5%), 4,407 adults aged 20-59 years (66.2%), 818 persons aged 60 years and older (12.3%), and for three cases information is not currently available. Figure 4 shows the number of cases by 10-year age band and sex. The median age of all cases diagnosed in the last 14 days is 34 years (IQR: 22-49 years). The median age of adult cases (≥ 18 years) is 39 years (IQR: 28-53 years).

The 14-day cumulative diagnosis rate (per 100,000 population) by age group is shown in figure A1 in the Appendix.

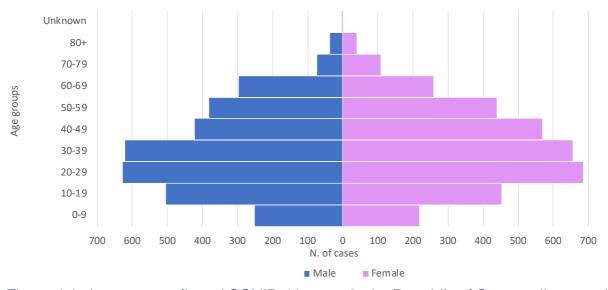


Figure 4: Laboratory-confirmed COVID-19 cases in the Republic of Cyprus, diagnosed in the last 14 days, by age group and sex.

Among all cases diagnosed in the last 14 days, 2,401 (36.1%) were reported in Nicosia district, 2,320 (34.9%) in Limassol, 1,152 (17.3%) in Larnaka, 456 (6.9%) in Pafos, 218 (3.3%) in Ammochostos, and 109 (1.6%) were reported either in the British bases or had a residence abroad, or information was not available. Figure A2 in the Appendix shows the 14-day cumulative diagnosis rate (per 100,000 population) by district.



Epidemiological link

In the last 14 days (31 March - 13 April, 2021), of 6,656 cases sampled and notified, 1.2% (n = 82) were imported and 98.8% (n = 6,574) were locally-acquired. Table A1 and Figure A3 (A&B) in the Appendix show the characteristics of cases by origin of infection and the daily number of locally-acquired cases by district in the recent period, respectively.

Clinical features

In the last 14 days (31 March - 13 April, 2021), 26.7% (n = 1,776) reported no symptoms at diagnosis and 73.3% (n = 4,880) reported at least one symptom.

Pre-existing conditions

In the last 14 days (31 March - 13 April, 2021), 1,472 cases (22.1%) reported at least one comorbidity.



Deaths

Among cases, 282 COVID-19 associated deaths were reported in the Republic of Cyprus until April 15th, 2021 (Case Fatality Risk - CFR: 0.6%).

The COVID-19 associated mortality is 31.8 per 100,000 population.

Deaths occurred in 185 men (65.6%) and 97 (34.4%) women; the median age of all COVID-19 associated deaths was 80 years (IQR: 72-87 years). By district of residence, deceased cases were 108 (38.3%) from Limassol, 93 (33%) from Nicosia, 48 (17%) from Larnaka, 19 (6.7%) from Pafos, 11 (3.9%) from Ammochostos, and three deaths (1.1%) occurred among cases reported either in the British bases or had a residence abroad, or information was not available.

The median time from date of sampling to death (due to COVID-19) was 13 days (IQR: 6-20 days).

Figure 5a reports the number of COVID-19 associated deaths by date.

Among cases, 342 deaths (all causes) were reported in the Republic of Cyprus until April 15th, 2021 (CFR: 0.7%).

The mortality (all-causes) for people with COVID-19 is 38.5 per 100,000 population. Deaths occurred in 228 men (66.7%) and 114 (33.3%) women; the median age of all deaths was 80 years (IQR: 72-86 years). By district of residence, deceased cases were 135 (39.5%) from Limassol, 106 (31%) from Nicosia, 59 (17.3%) from Larnaka, 26 (7.6%) from Pafos, 13 (3.8%) from Ammochostos, and three deaths (0.9%) occurred among cases reported either in the British bases or had a residence abroad, or information was not available.

The median time from date of sampling to death (all-causes) was 12 days (IQR: 6-20 days).

Figure 5b reports the number of all deaths among people with COVID-19 by date.



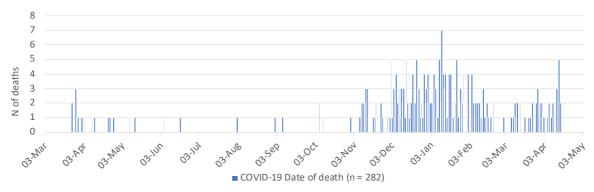


Figure 5a: Number of COVID-19 associated deaths in the Republic of Cyprus by date of death.

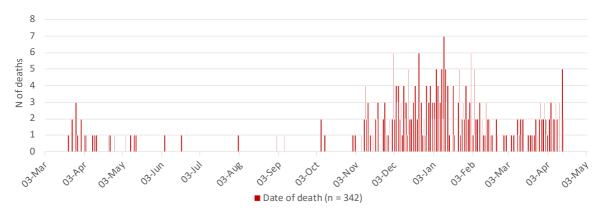


Figure 5b: Number of deaths (all causes) among COVID-19 cases in the Republic of Cyprus by date of death.



Hospitalization and intensive care unit (ICU³) admissions⁴

In total, 5.4% (n = 2,753) of people with COVID-19 received hospital care, as of April 15^{th} , 2021. The median age of hospitalized patients was 63 years (IQR: 51-75 years). Hospitalized cases were mainly males (n = 1,602; 58.2%).

The median age of patients still hospitalized as of April 15^{th} , 2021 (n = 244, including those discharged on that day) is 62 years (IQR: 55-69 years), 57.4% (n = 140) are males, and 37.3% (n = 91) are from Nicosia district. Hundred-fifty-six cases (66.4%) still hospitalised have comorbidities.

Figure 6a shows the total number of first hospital admissions by date.

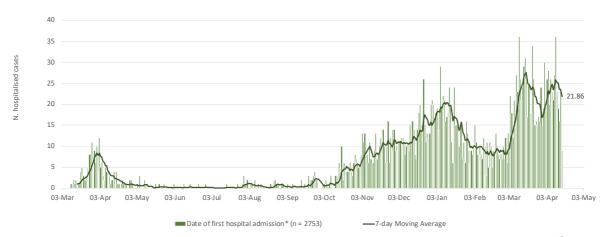


Figure 6a: Number and 7-day moving average (last moving average on April 15th, 2021 is shown on the graph) of laboratory-confirmed COVID-19 cases by date of first hospital admission.

*Date of hospital admission was replaced with date of sampling for inpatients hospitalised prior to the beginning of the epidemic.

Recent data should be interpreted with caution due to the possibility that cases recently hospitalised could have not been notified.

³ Intensive care unit (ICU) refers only to the ICU in Limassol General Hospital and to the ICU in Nicosia General Hospital.

⁴ Data on hospitalisation and ICU are provisional and should be interpreted with caution because delay in data reporting is likely; for the construction of the curve, people are no longer in an ICU/hospital the day next to the date of their discharge, death or transfer.



Figure 6b reports the number of individuals in hospital every day (excluding those in ICU).

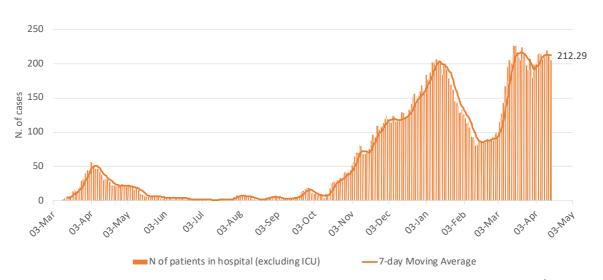


Figure 6b: Number and 7-day moving average (last moving average on April 15th, 2021 is shown on the graph) of laboratory-confirmed COVID-19 cases in hospital every day (excluding those in ICU).

Patients in hospital for only part of the day (e.g. transferred, dead) are included. Recent data should be interpreted with caution due to the possibility that cases recently hospitalised could have not been notified.



Overall, 283 cases (10.3% of all hospitalized patients) have been admitted to ICU. The median age of patients ever admitted to ICU was 68 years (IQR: 61-75 years). ICU patients were mainly male (n = 192; 67.8%).

The overall median length of stay in ICU (for all ICU cases) was 13 days (IQR: 7-22 days).

As of April 15th, 2021 and based on records which rapidly evolve, 39 cases are still in ICU (including deaths / discharged on that day). The median age of current ICU patients is 62 (IQR: 56-71) years and 26 (66.7%) are males. Twenty-nine (76.3%) patients currently in ICU have pre-existing conditions.

The number of cases currently in ICU is 4.4 per 100,000 population (as of April 15th, 2021, including deaths/discharged on that day).

A total of 267 ICU patients (94.3% of all ICU patients) have been intubated - currently there are 32 patients intubated in ICU (including deaths/discharged/extubated on that day).

Figure 7 shows the number of patients in ICU, by day and intubation status.

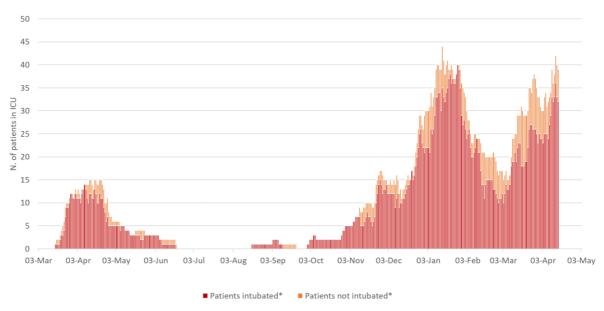


Figure 7: Number of laboratory-confirmed COVID-19 cases in ICU by date and intubation.

Recent data should be interpreted with caution due to the possibility that cases recently admitted in ICU or intubated could have not been notified/recorded.

^{*}Date of discharge/transfer/death included



Recovered/released

As of April 13th, 2021, among cases alive, 80.5% (n = 40,929) of COVID-19 cases have recovered/released from isolation⁵, ⁶.

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⁵ For symptomatic cases, or for cases hospitalised, a COVID-19 case can be considered cured after the resolution of symptoms and two negative tests for SARS-CoV-2 at 24-hour interval at least. For asymptomatic cases, or for persons isolated at home, the negative tests to document virus clearance should be obtained at a minimum of 14 days after the initial positive test (end of the quarantine period).

Novel coronavirus (SARS-CoV-2). Discharge criteria for confirmed COVID-19 cases- When is it safe to discharge COVID-19 cases from the hospital or end home isolation? - Technical Report, 10 March 2020. Stockholm: ECDC; 2020.

⁶ May – November 2020: A person is released 21 days after the initial diagnosis, if he/she has a positive test 14 days after the initial diagnosis and remains in isolation for one more week without being further tested

Since 8th November 2020: A person who remained asymptomatic throughout his/her follow-up is released 14 days after initial diagnosis (date of sampling) and General Practitioner (GP) confirmation; a person with mild/moderate symptoms is released in absence of fever AND improvement of other symptoms (confirmed by GP) AND 14 days after onset of symptoms; cases requiring hospitalisation (severe cases), immunosuppressed individuals, residents and staff of vulnerable groups (i.e., nursing homes, refugee camps, prisons) are released in absence of fever AND 20 days after onset of symptoms. The criterion of two consecutive negative SARS-CoV-2 PCR results from respiratory samples, taken at least 24 hours apart, is recommended for immunosuppressed and critically ill COVID-19 patients.



Acknowledgments

We would like to thank the KIOS Center of Excellence of the University of Cyprus for the development of the ICT system to support data management.



Appendix

Table A1: Characteristics of cases by origin of infection diagnosed in the last 14 days (31 March - 13 April, 2021).

	Total (n = 6656)		Imported (n = 82)		Locally-acquired (n = 6574)	
Characteristics	Ň	%	N [']	%	Ň	%
Sex						
Male	3220	48.4	48	58.5	3172	48.3
Female	3432	51.6	32	39.0	3400	51.7
Unknown	4	0.1	2	2.4	2	0.0
Age groups (years)						
0-9	470	7.1	2	2.4	468	7.1
10-19	958	14.4	3	3.7	955	14.5
20-29	1317	19.8	32	39.0	1285	19.5
30-39	1277	19.2	20	24.4	1257	19.5
40-49	993	14.9	13	15.9	980	14.9
50-59	820	12.3	9	11.0	811	12.3
60-69	556	8.4	3	3.7	553	8.4
70-79	184	2.8	0	0.0	184	2.8
80+	78	1.2	0	0.0	78	1.2
Unknown	3	0.0	0	0.0	3	0.0
Median age in years	34		32		34	
(IQR) District	(22-49)		(24-41)		(22-49)	
Ammochostos	040	2.2	6	7.0	040	2.2
Larnaka	218 1152	3.3 17.3		7.3 24.4	212	3.2
Limassol	_	_	20		1132	17.2
Nicosia	2320	34.9	19	23.2	2301	35.0
Pafos	2401 456	36.1 6.9	23 8	28.0 9.8	2378 448	36.2 6.8
Other						
Symptoms at	109	1.6	6	7.3	103	1.6
diagnosis						
Yes	4880	73.3	37	45.1	4843	73.7
No	1776	26.7	45	54.9	1731	26.3
Unknown	0	0.0	0	0.0	0	0.0



Figure A1. 14-day cumulative diagnosis rate (per 100,000 population) by age group for the last 14 days.

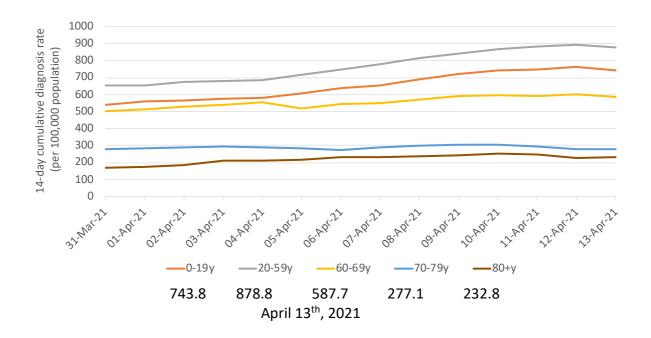




Figure A2: 14-day cumulative diagnosis rate (per 100,000 population) by district for the last 14 days.

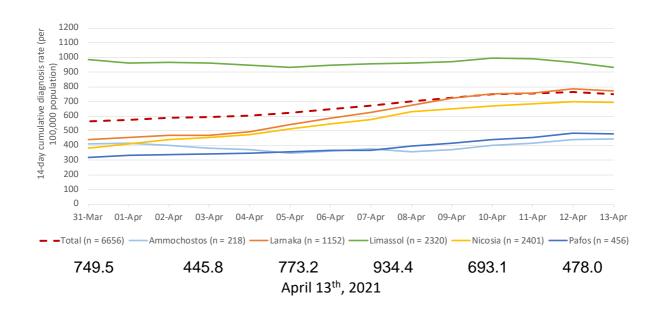




Figure A3A: Number of cases by origin of infection and by date of sample collection in the last 14 days (31 March - 13 April, 2021).

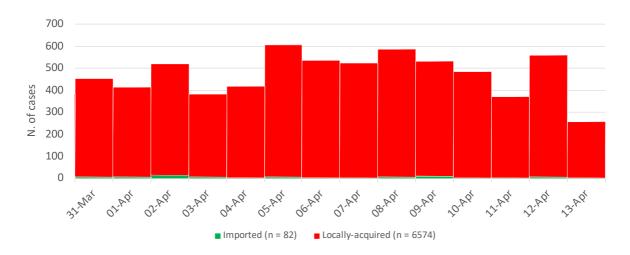




Figure A3B: Number and 7-day moving average of locally-acquired cases, by date of sample collection and district, in the last 14 days (31 March – 13 April, 2021).

